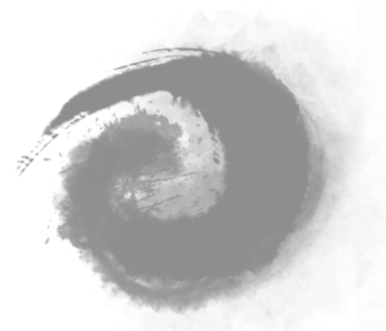




# Chinese Traditional Festivals



翻译一班 赵梦娇





Chapter one A brief introduction of traditional festivals

Chapter two Special food of traditional festivals

Chapter three The existing problems of traditional festivals



# Chapter one

*A brief introduction of traditional festivals*



# the Spring Festival

## History

It usually falls in late January or early February, which is a time after the autumn harvest and winter storage--the slack season in farming.

It is said that there was a monster called Nian that appeared in winter. People drove it away by posting red couplets and setting off firecrackers. And the customs of celebrating the lunar New Year were passed down.



## Customs

Having a get-together banquet

Staying up late to pray for peace

Putting on new clothes

Visiting relatives and friends

Posting red couplets

Setting off firecrackers



# the Dragon Boat Festival

## History

It falls on the fifth day of the fifth lunar month. It is widely accepted that Duanwu is the occasion to commemorate Qu Yuan, China's great poet of the Warring States Period.



## Customs

Holding a dragon boat race

Having zongzi

Hanging wormwood and calamus



# the Mid-Autumn Festival

## History

It comes on the fifteenth day of the eighth lunar month.

According to historical records, as early as the Zhou Dynasty, people began to offer sacrifices to the moon in autumn. At that time, the moon was regarded as a symbol of good harvest, and people would worship the moon after the autumn harvest to express their gratitude for the harvest and pray for the future.



## Customs

Having the moon cake

Admiring the full moon



## Chapter two

Special food of traditional festivals







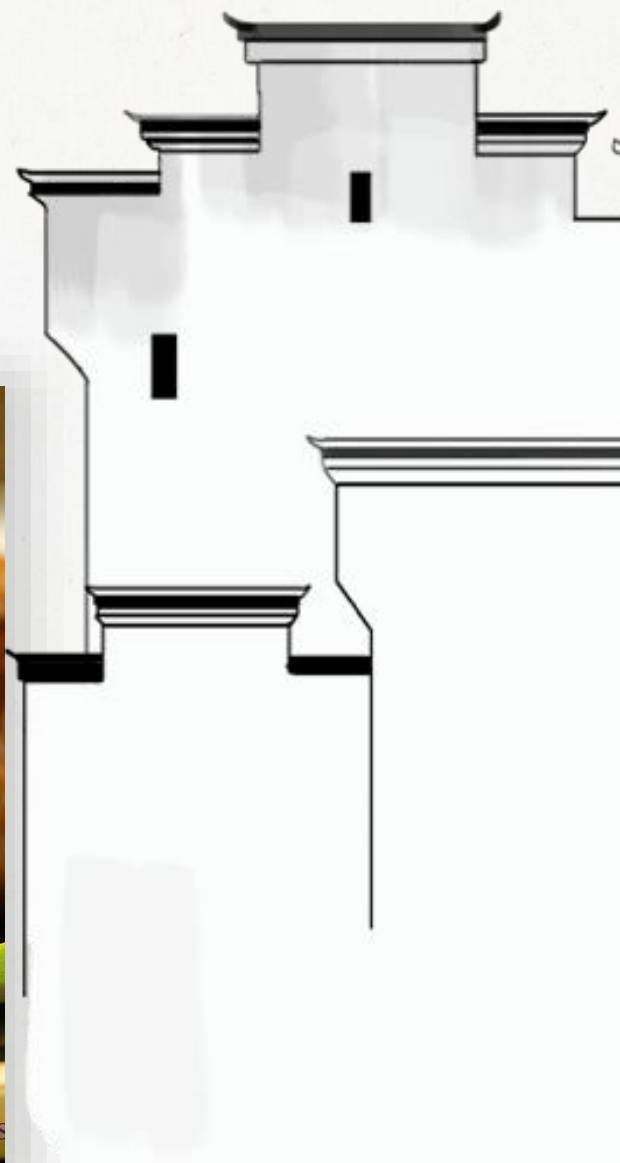
松露排骨粽

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## Chapter three

The existing problems of traditional festivals



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1993年，人民日报刊文《海外华人的圣诞困惑》，质疑为什么佛陀、孔子、老子等人的生日就不是圣诞

2006年，人民日报刊文《年轻人为何热衷圣诞节》，对“一些人对圣诞节热衷，而对自己的传统节日，如春节、端午节、中秋节、重阳节等有所冷淡”的现象“感到忧心”

2015年，人民日报刊文《过洋节带给我们的思考》，号召“继承和发扬中国传统节日”

2017年，中共中央印发了《关于实施中华优秀传统文化传承发展工程的意见》，号召丰富传统节日文化内涵



traditional festivals are fading

## 年味变淡，是从我们变得随便开始的



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Why?

### 年味需不需要被拯救下的各抒己见

你认为「年味」需要拯救吗？

60% · 需要 · 已选

40% · 不需要

18.4 万人投票 · 17 天后结束

(图源: 知乎「吾辈问答」行动第四期截图)



In fact, the custom activities of traditional festivals are closely related to some folk customs formed in history. With the development of the times and the progress of society, the connotation and culture carried by festivals are changing. Now the festival has lost its solemn cultural atmosphere, but there are many complicated taboos left. When the traditional festival has less and less cultural flavor, people can not feel the fun brought by the festival, it will naturally decline.





# the scenes of festivals aboard





Thank you