

Breakfast Culture of Wuhan

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Part One

Brief Introduction

Brief Introduction

China's Breakfast Capital

Dock Culture

汉口竹枝词 其六 闺阁 清·叶调元

小家妇女学豪门，睡到晨时醒梦魂。
且慢梳头先过早，糍粑油饺一齐吞





Part Two

Characteristics

Characteristics

There are many kinds of food serving as breakfast.

Hot Dry Noodles



Fried Rice Buns



Characteristics

Bean Pies



Shumai

Steamed Dumplings



Huanxituo



Characteristics



这条街是武汉

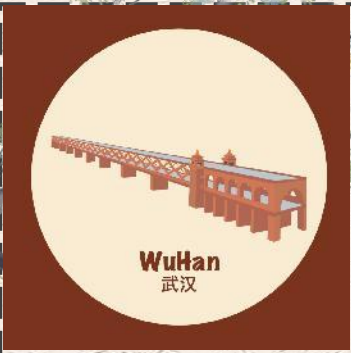
Characteristics

The ingredients are exquisite.



The production process is complex.





Part Three

Cultural Background

Cultural Background

Geographic Reasons

- Located in the vast flood plain of Yangtze River basin
- Warm and humid climate
- Based on rice



Historical Reasons

- The influence of the western science and technology
- Organizing many processing plants
- Further development of flour processing and manufacturing industry



Cultural Background

Ancient Recordation

- *Ci of Chu*
- Abundant raw materials and varied cooking methods and seasoning methods

Population Composition

- Government's mandatory immigration
- In need of survival and development
- Strong mobility and complex composition

Part Four

Current Situation



Current Situation

Wuhan guozao is seeking innovation and breakthroughs.

- Modern business models
- More convenient payment methods
- New forms of breakfast



Current Situation

It becomes a must-try for many visitors, especially young people.

一.汉口民生甜食馆(始创于1956年)

位置: 位于汉口江岸区胜利街125号

营业时间: 06:00--19:30

推荐: 三鲜豆皮、热干面、蛋酒、糊米酒等

二.家阳赵师傅油饼包烧麦(粮道街店)

位置: 武昌区粮道街135号

营业时间: 05:30--14:00

推荐: 油饼包烧麦、热干面

三.蔡林记(始创于1928年)

位置: 江岸区中山大道667号吉庆街一期

营业时间: 07:00--20:30

推荐: 全料热干面、牛肉热干面

四.德华楼(始创于1924年)

位置: 江岸区江汉二路177、179号吉庆街二期

营业时间: 07:00--21:00

推荐: 包子、鲜鱼糊粉

🍜武汉过早攻略🍜

武汉可以过早的地方真的很多! 建议13点之前去! 推荐山海关>大成路>粮道街>万松园

- ✓ 1.杨园陈老四: 武汉朋友介绍的粉店, 从小吃到的老馆子! 招牌的牛肉粉和红烧牛肉粉都好好吃, 骨汤汤底特别鲜!
- ✓ 2.汪记鲜鱼糊汤粉: 糊汤粉配油条, 真的谁吃谁知道! 黏糊糊的粉鲜香滑口!
- ✓ 3.李记鸡冠饺: 性价比很高! 很大一个, 只要3r! 馅料也很多, 吃起来会有点油
- ✓ 4.严氏烧麦: 很有武汉特色的重油烧麦! 黑胡椒的味道很重, 爱的人会很爱!
- ✓ 5.赵师傅热干面: 这家真的很多人! 想吃要早点来! 很喜欢吃他家的油饼包烧麦
- ✓ 6.金三角吊子煨汤: 武汉的藕汤真的很好喝! 吃面吃腻了来喝碗汤很舒服
- ✓ 7.毛氏汽水包: 莲藕馅的很特别! 糯米很香! 如果要排很久, 就不建议去吃!



Part Five

Summary



Summary

- It is more than just a simple breakfast. It's a symbol of local culture.
- No matter how the times change, guozao is always the most precious memory and irreplaceable traditional culture in the hearts of Wuhan people.



Thanks for listening!

References:
Elements of Chinese Culture